

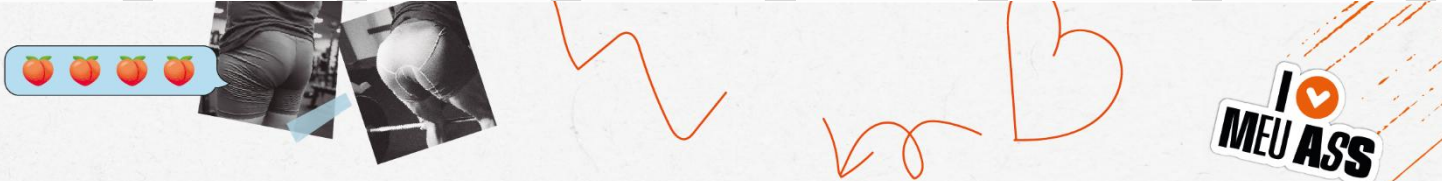


MAPA DE AULAS VIVAGYM LEIRIA



DATA INICIO: 1/04

INICIO	SEG	TER	QUA	QUI	SEX	SÁB	DOM
07:00	CYCLING	V-CROSS	V-BURN	GAP	FIT MOVES		
07:45	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		VIRTUAL CYCLING		
10:00	ABS	ABS	ABS	ABS	ABS	FIT MOVES	VIRTUAL CYCLING
10:15	PILATES	V-BURN	V-MIND	GAP	CYCLING		ABS
10:45	ABS		ABS		ABS	ABS	
11:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	CYCLING	VIRTUAL CYCLING
13:15	V-POWER	ABS	ABS	V-BURN			
14:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING
15:30	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		
17:30	ABS	FIT MOVES	ABS	ABS	ABS	VIRTUAL CYCLING	
17:45			V-MIND	V-METCON			
18:00	CYCLING	V-CROSS			V-METCON		
18:15	PILATES		V-POWER	V-CROSS			
18:30	V-METCON	V-METCON			V-FIGHT		
18:45	V-FIGHT		CYCLING				
19:00	V-CROSS	CYCLING	GAP	V-BURN	V-POWER		
19:15	CYCLING					VIRTUAL CYCLING	
19:30	V-BURN		PILATES	DANCE			
19:45		V-MIND					
20:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		V-YOGA		
20:15				CYCLING			
21:00	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING	VIRTUAL CYCLING		



QUERER-SE MAIS COMEÇA AQUI

Reserva a tua aula na App VivaGym



- A VIVAGYM RESERVA-SE O DIREITO DE ALTERAR O HORÁRIO POR RAZÕES EXTERNAS.
- O USO DE TOALHA É OBRIGATORIO.
- NÃO PODERÁ ENTRAR NA SALA APOS 5 MINUTOS DO INICIO DA AULA.

CORPO E MENTE	CYCLING	COREOGRAFIA
CORPO E MENTE VIRTUAL	CYCLING VIRTUAL	FUNCIONAL
CARDIO	TONIFICAÇÃO	ABDOMINAIS
CARDIO VIRTUAL	TONIFICAÇÃO VIRTUAL	

RESERVA A TUA VAGA NA ÁREA CLIENTE EM www.vivagym.pt OU APP